

SENIOR RESOURCES FAIR



長者社福資源宣導會



PRESENTED BY **CAPS**



TRI-CITY COMMUNITY AMBASSADOR PROGRAM FOR SENIORS

TAIWANESE COMMUNITY HELP ASSOCIATION 台灣社區協助會 & 長老教會 CENTERVILLE PRESBYTERIAN CHURCH

時間：11月8日〈星期六〉1:00-5:00PM

地點：CENTERVILLE PRESBYTERIAN CHURCH

4360 CENTRAL AVE, FREMONT CA 94560

入場免費 **FREE ADMISSION**

專題講座：「老人腦力鍛鍊」 **1:00-2:00pm**
“Mind your mind: A Whole Brain Workout for Older Adults”

分題討論：聯邦醫療保險 **MEDICARE** **2:30-4:45pm**
“Others” 看護 **CAREGIVER ISSUES**
社會福利與補助 **SOCIAL SECURITY & SSI**
B型肝病預防 **HEPATITIS B**

攤位服務：社區志工及多元非營利組織現場為您提供免費諮詢服務 **2:00-5:00pm**
“Booths” with additional resources of information from various senior organizations will be present and available from 2 – 5 pm.

台灣社區協助會及佛利蒙城中區長老教會，曾於今年三月一日為三連市社區長者們，介紹政府及社會資源，並提供協助申請服務，深受社區長者們喜愛。因此特訂於十一月八日，在相同地點、長老教會的大禮堂，舉辦下半年度的「長者社區資源宣導會」。為長者們提供社會安全福利、社會補助說明，看護探討、聯邦醫療保險、B型肝病預防、老人腦力鍛鍊講座，並於現場提供免費B型肝病抽血檢驗服務。同時也招募有意願在社區為老人服務的志工，並安排他們接受佛利蒙人事局，於明年一月的專案訓練。當天所有講座全部免費，歡迎社區長者、或家中長者有問題諮詢、或有興趣為老人服務的義工，請不要錯過難得資訊宣導的機會，敬請踴躍參加。

電話洽詢：**510.793.3575.EXT48**

網路地址：<http://tchelpa.com> 或 <http://capseniors.org/>

林珍汎 (510) 449-4176；蔡其芳 (510) 818-0931；李玲珠 (510) 797-6104；王玉華 (510) 703-6293
孫令先 (510) 378-2077；謝鎮寬 (510) 784-7341。

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COMMUNITY AMBASSADOR PROGRAM FOR SENIORS



SATURDAY, NOVEMBER 8, 2008
1:00 – 5:00 P.M.

LOCATION:

CENTERVILLE PRESBYTERIAN CHURCH

4360 CENTRAL AVENUE, FREMONT, CA 94536

510.793.3575.EXT48 WWW.CVPC.ORG

KEYNOTE SEMINAR

"Mind Your Mind: A Whole Brain Workout for Older Adults"

Presented by Micheal Pope, Alzheimer's Services of the East Bay

1:00 – 2:00 P.M.

OTHER SEMINARS

MEDICARE, CAREGIVER ISSUES, SOCIAL SECURITY & SSI,
AND HEPATITIS B

(FREE HEPATITIS B BLOOD SCREENING TO THOSE WHO ATTEND HEPATITIS SEMINAR)

2:30 – 4:45 P.M.

BOOTHS WITH ADDITIONAL RESOURCES OF INFORMATION FROM
VARIOUS SENIOR ORGANIZATIONS WILL BE PRESENT AND
AVAILABLE FROM 2:00 UNTIL 5:00 P.M.

Free Admission